

# The Coconut Connection

Week of August 28th 2023

[Online Master Calendar](#)

## Practice Schedule Reminder

- August 29th - no Jump & Flex, mat help needed to move mats from gym to cafeteria
- August 31st - no practice due to holiday weekend and a plethora of absences reported by each team.
- September 3rd - no tumbling practice as Elite Tumbling Factory will be closed for the Labor Day Holiday

## Practice Dress Code & Practice Wear Update

- Week Day Practices - all athletes should wear a black top and black bottoms to their week day team practice.
- Sunday Practices - A practice wear top and bottom with solid color bow is included for all athletes as part of their annual registration fee. It is expected to be worn by all athletes to their Sunday practices. We are anxiously awaiting the delivery and it will be distributed at practice as soon as it arrives. In the meantime, athletes should wear a black top and black bottom on Sundays.
- For all practices - Hair is up in a high centered ponytail and all jewelry and piercings must be removed. Anything around the wrist, ankle, and neck must be removed.

## Final Call for Uniform Orders

- A few families reached out during choreography to order a new size for their athletes.
- Uniform orders have been placed for: Mariah (skirt), Lyla (skirt), Audrey (both pieces), Gabby (skirt), Arely (both pieces), Kamryn (top). You can expect an invoice for payment within the next 10-14 days.
- Please email [aloha@ohana262.com](mailto:aloha@ohana262.com) as soon as possible if your athlete needs a new uniform.

## Mat Duty - Message from OAPA

Hello 'Ohana Families, We are excited to launch the school year 'Ohana Mat Duty sign up for Sept-Dec. Tiny, Mini and Youth parents will be responsible for mat set up duty each week. Juniors and Seniors will be responsible for mat tear down each week.

*We are giving the opportunity to pick your own dates for set up. If you don't choose your dates by Sept 1st. Mat duty will be assigned by OAPA.*

*New this season - Mini and Youth athletes will help with mat set up prior to practice. Parents are needed to supervise and physically move the mats from their storage area to the cafeteria.*

Please be courteous (or fair, or mindful) and spread your mat signups across all months. If you do not sign up for mat duty in a specific month, we reserve the right to reassign one of your selections to a month you did not sign up for mat duty in.

The main entrance will be unlocked at 5:20pm each day (and no earlier due to our facility reservation). Set up begins at 5:20pm, feet in the gym at 5:20pm! If you arrive late or no show you will be invoiced a \$25 fee the following day by OAPA.

[Mini Link](#)

[Tiny Link](#)

[Youth Link](#)

If you have any questions please reach out to Kate Ballard

Kate Ballard-213-448-8332 or [kateballard999@gmail.com](mailto:kateballard999@gmail.com)

### UPDATES & REMINDERS FROM LAST WEEK

#### UCA All Star Nationals - Mini, Youth, Junior Teams

- For your planning purposes, please be aware of the following information
  - Final WI practice **\*REQUIRED FOR ALL ATHLETES\*** and Nationals Team Send Off
    - Surfer Gurlz - March 4
    - Shark Bait & Hang Ten - March 5
  - Preferred travel dates to Orlando, FL - March 6&7
  - FL required practice date - March 8 in the AM
  - Teams will compete March 9&10 - two days!

- If families want to add extra play time, highly recommend to extend trip AFTER we compete. No WI team practices March 11-16 to accommodate families wishing to stay and play in Orlando. We will have team practices on March 17th.

### Family Directory Reminder

- You must add at least one email in order to receive updates/info from parent association and team reps
- Complete this [Google form](#) to be included in the directory.

### Competition Bow

- All athletes will wear a single tail-less bow in a high centered ponytail this year.
- Email [aloha@ohana262.com](mailto:aloha@ohana262.com) if you need to order a bow. Once we know how many bows are needed, our bow lady will let me know what the total cost is which will be split equally between the families that are ordering bows.

### Athlete Google Drive

- We have created individual Google Drive folders for each family. Please check your email for the link to access your athlete's folder.
- We will be adding progress videos/photos to an athlete's drive so parents can monitor their athlete's progress throughout the season.

### Choreography Payment Schedule

- The choreography and professional/licensed music fees have been split equally among all athletes. The payment schedule is \$225 due August 15th, \$125 due September 15th, and \$112.50 due October 15th. Payment in full is required by the choreographer up front - but I am collecting choreography & music over three months to help our families. I am sensitive to the increased costs and will be personally covering a portion of the total choreography up front cost to help lower the first installment for families. It is imperative that the remaining two payments are paid on time and we will assess a \$25 late fee per installment if installments are paid late.
- Expect invoices to be emailed to all families on August 5th. Payment will be via credit card only, thank you!

### USASF Membership

- All 2023-24 athletes will need to sign up for a USASF membership. This is new to most families and will be a yearly requirement of all athletes.
- The membership window is now open and our gym profile is approved and ready for athlete assignments. The membership term runs from June 1, 2023 - May 31, 2024.
- Go to [www.usasf.net](http://www.usasf.net) and click the "Join Now" button in the top right corner. Please note that you will need your athlete's birth certificate when you sign up for their membership.
- You must complete the membership process no later than October 1st! Note that signing up late does not extend the membership term. Regardless of when you sign up, your membership will expire on May 31, 2024.
- Athletes 18+ and older - please be aware that there is an additional step required that includes a comprehensive background check. You'll need your driver's license in addition to your birth certificate when you sign up.

### Evergreen News

#### Attendance Reporting

- Please remember to report all athlete absences via our Attendance Reporting form. We had numerous absences last week that were not entered into the attendance reporting form.
- It is [linked here](#) for your quick reference.

#### Online Master Calendar

- Several families have contacted us recently regarding access to our online master calendar. The link is in our Parent Portal and is also show here:  
<https://calendar.google.com/calendar/u/1?cid=YWxvaGFAb2hhbmEyNjluY29t>
- [Click here](#) for information on how to subscribe to our master online calendar so it merges seamlessly into your personal Google calendars.

#### Online Pro Shop

- Order your 'Ohana gear from our [Online Pro Shop!](#)
- If you have any items you'd like to see added to our Pro Shop, please email [aloha@ohana262.com](mailto:aloha@ohana262.com)

