

The Coconut Connection

Week of September 25th, 2023

[Online Master Calendar](#)

ANNOUNCEMENTS & UPDATES

NEW! Sunkissed Practice Starts October 1st!

- We are very excited to welcome back our CheerABILITIES team as they kick off their season on Sunday, October 1st and transition from an exhibition team to a competitive team!
- Practices will be at Elite Tumbling Factory - Brookfield on Sundays from 12:30 - 1:30pm.
- Sunkissed veteran families will receive an email with more details (registration form and waiver, program handbook/expectations) on Wednesday September 28th. If you know of a new family that would like to join us, please have them email aloha@ohana262.com

Reminder - USASF Membership

- *This notice has been in our weekly newsletters since mid-summer. We are moving up to the top as this must be completed by October 1st in order for your athlete to be eligible to compete on October 22nd and for MIni, Youth and Junior to register for the Orlando All Star Nationals Qualifier in Peoria.*
- All 2023-24 athletes will need to sign up for a USASF membership. This is new to most families and will be a yearly requirement of all athletes.
- Be sure you are selecting the gym as 'Ohana Athletics with the apostrophe ' in front of the O and USASF ID PUQ9K21R.
- Go to www.usasf.net and click the "Join Now" button in the top right corner. Please note that you will need your athlete's birth certificate when you sign up for their membership.
- Athletes 18+ and older - please be aware that there is an additional step required that includes a comprehensive background check. You'll need your driver's license in addition to your birth certificate when you sign up.
- As of September 24th, the following athletes have completed their USASF membership:
 - Allen-Norris, Brandsma, Cole-Swanson, Hinton, Kiese, Mendez, Patten, Romero, Scholz, Soberalski, Wenslaff, Zosel.

Reminder - No Jump & Flex on Monday September 25th

- No Jump & Flex this week as Monday is a School District of Elmbrook no school for students day and Tonawanda is closed.

Reminder - Hang Ten (Youth) Thursday Practice Update

- Hang Ten's practice time has been increased by 30 minutes each Thursday.
- Hang Ten's Thursday practice time is 5:30 - 7:30 starting this week and we anticipate this schedule to go through our Peoria Qualifier in November. We will reassess in November if the team needs to continue with the additional 30 minutes each Thursday.

Reminder - Required Dress Code

- Consequences for failure to be in dress code starts this week!
- Black top and bottom every practice.
- Any bow during week day, solid color practice bow on Sundays.
- All jewelry and piercings must be removed - no exceptions whatsoever. This is a USASF safety rule and athletes cannot participate if they are wearing jewelry or refuse to remove their piercings.
- Consequences will be issued to those not following the dress code.

Reminder - Orlando Travel Dates

- Required Florida Dates are March 8 & 9 instead of March 9 & 10!
- Hotel check in is March 7th as we could perform early on March 8th!
- We will discuss FL travel at November monthly meeting! Email aloha@ohana262.com with questions in the meantime.

Save the Date - Competition Hair Tutorial

- Monday October 2nd.
- All ages Jump & Flex at 6pm
- Hands-on practice for parents & athletes in doing our competition hair look. More details to follow!

Looking ahead - Schedule Updates

- Shark Bait
 - Wednesday December 13th practice rescheduled to Thursday December 14th from 5:30 - 7pm due to Tonawanda school event.
- Hang Ten

- Thursday December 14th practice rescheduled to Tuesday December 12th from 7 - 8:30pm due to Tonawanda school event.
- Surfer Gurlz
 - Tuesday October 24th practice rescheduled to Thursday October 26th from 7 - 9pm due to Coach conflict.
 - Tuesday December 12th practice rescheduled to Thursday December 14th from 7 - 9pm due to Tonawanda school event.
- SPF
 - Wednesday December 13th practice rescheduled to Thursday December 14th ETF Open Gym due to to Tonawanda school event.

OAPA UPDATES

'Ohana Family Bonding Event - Schuett Farms

- Please join OAPA for an ALL GYM bonding event on Saturday, October 7th. There will be pumpkins, hayrides, a corn maze, & more.
- Location: Schuett Farms, W299 S6370 WI-83, Mukwonago, WI 53149
- Time: 1:30pm - ?
- Cost: General Admission to the farm is free
 - Additional Cost (optional):
 - Pumpkins (varies based on size)
 - Corn Maze: \$8/person (2 & younger free)
 - Hayrides: \$6/person (2 & younger free)
 - RSVP: ['Ohana Family Bonding Event RSVP](#)

Shark Bait (Mini) Team Bonding Event - Taco Dinner

- Date: October 16, 2023
- Time: 5:30pm - 7pm
- Location: Brandsma's House
 - 15230 Carpenter Rd. Brookfield, WI 53005
- [Mini Team Bonding Sign Up](#)

OAPA Holiday Party - Save the Date

- Monday, December 11th - 'Ohana Family Holiday Party
- Details to follow

Hang Ten (Youth) Team Bonding - Save the Dates:

- October 27th - Halloween Party

- January 15th - TBD
- February 15th - Valentine's Party/Movie Night
- April 27th - End of Season Party

Reminders from Last Week

'Ohana Athletics Contact Information

- In an effort to streamline 'Ohana processes within USASF guidelines, we would like to inform all families of the following:
 - ONE EMAIL FOR ALL 'OHANA BUSINESS: In order to streamline communication, please update your address books to reflect aloha@ohana262.com for ALL 'Ohana related items.
 - 'OHANA ATHLETICS BUSINESS HOURS
 - Emails, phone calls, and text messages will be monitored during our business hours of:
 - Sunday: 11am - 6pm
 - Monday - Thursdays: 5 - 10pm
 - Closed: Friday, Saturday, holidays. Additionally, replies will be delayed on days listed as "No Practice" on our master calendar.

EVERGREEN UPDATES

Attendance Reporting

- Please remember to report all athlete absences via our Attendance Reporting form. We had numerous absences last week that were not entered into the attendance reporting form.
- It is [linked here](#) for your quick reference.

Online Master Calendar

- Several families have contacted us recently regarding access to our online master calendar. The link is in our Parent Portal and is also show here:
<https://calendar.google.com/calendar/u/1?cid=YWxvaGFAb2hhbmEyNjluY29t>

- [Click here](#) for information on how to subscribe to our master online calendar so it merges seamlessly into your personal Google calendars.

Online Pro Shop

- Order your 'Ohana gear from our [Online Pro Shop](#)!
- If you have any items you'd like to see added to our Pro Shop, please email aloha@ohana262.com

Family Directory Reminder

- You must add at least one email in order to receive updates/info from parent association and team reps
- Complete this [Google form](#) to be included in the directory.