

The Coconut Connection
Week of October 9th, 2023
[Online Master Calendar](#)

ANNOUNCEMENTS & UPDATES



Thank you to all that joined us at Schuett Farms for our Annual Fall Family Outing!

NEW! Choreography & Music Installment 3 Due October 15th!

- Our final choreography & music installment invoices have been sent and payment is due October 15th.
- If payment is not received on time, your athlete's team will be unable to use their music at their first performance on October 21st because

it will not be sent to us by our music vendor until he has received payment in full.

- Please note that this invoice must be manually paid - automatic payments are only applicable to monthly tuition payments.

NEW! CSG Peoria Registration due October 20th!

- As you may recall, we did not include registration fees for Peoria with the Xtreme Spirit competition fee invoice in July because registration for Peoria was not yet open and the competition registration fee amount was unknown.
- Peoria Competition invoices have been sent to Mini, Youth and Junior teams, and payment is due on October 20th.
- Varsity is very firm with their deadlines and your athlete will be unable to perform if payment is not received on time.
- Please note that this invoice must be manually paid - automatic payments are only applicable to monthly tuition payments.

NEW! Unpaid Fees

- Please be aware that if your athlete has outstanding monthly tuition, they are ineligible to participate at practices until arrangements have been made to bring your account into good standing.
- Please be aware that if your athlete has unpaid competition fees, they are ineligible to perform at competitions.
- We understand that things come up from time to time - prompt and immediate communication is always your best course of action and we will do our best to try to help you.

REMINDER! October Monthly Meeting & Family Potluck

- Monthly Meeting at 6pm in the Tonawanda Library
 - All ages Jump & Flex at 6pm in the cafeteria
- Monthly Family Potluck at 7pm in the cafeteria
 - [Click here](#) to sign up for a dish to share!

NEW! Hair Dress Rehearsal October 15th

- **All athletes expected to come to practice with competition ready hair on October 15th!**
- This will give athletes the opportunity to go through their routine with their competition hair to get a feel for what it will be like at a competition.
- We will communicate areas of improvement needed directly with families.

NEW! Our Practice Wear is finally here!

- Top and bottoms were distributed at practices this past week.
- Our Sunday required dress code is the practice wear top and bottom with the solid color team bow and starts Sunday October 8th.
- Week day dress code remains any black top and black bottom with any cheer bow.

NEW! Competition Hair & Make Up

- Competition Hair Links
 - For correct ponytail placement, place three fingers (or four fingers if your fingers are smaller) along hairline at the forehead - where the third finger stops is where the ponytail should be.
 - [Click here](#) for the hair tutorial video.
 - Coach Ireland's recommended tools:
 - [Teasing comb & brush combo](#)
 - [Tangle Teezer](#) (to help brush out hair after a competition)
- Competition Make Up Links
 - NEW this season all female athletes are expected to follow our competition make-up dress code.
 - We would like to kick off our make-up competition look at CSG Peoria in November for Junior, Youth and Mini Teams, and at the Chicago Christmas Classic for the Tiny Team in December. *By December, all teams must be in full competition make-up for all performances. Athletes can follow our competition make-up look for October events if they wish!*
 - Light mascara and blush complimentary to your athlete's skin tone.
 - [Colour Pop Sweet Talk Eyeshadow Palette](#)
 - [Click here](#) for video tutorial of the exact look - fast forward or scroll to 27:45 for "Look 3"
 - Note - the "Jelly Much" eyeshadow used in the tutorial video is not required to complete our eye look (and they no longer make it in Whistlin' Pixie) but if you wish to use it, former athletes purchased Jelly Much in Mystical and found it to be a nice base to hold the glitter eyeshadow in place. [Click here](#) to purchase for Jelly Much in Mystical. The eyeliner is also not required but if you wish to use it, please choose black/brown.

- Any complimentary pink/blush lip color. PLEASE choose something that will not bleed onto another athlete's uniform. Highly Recommended/most purchased by older athletes is "[Mauve Ice](#)" by LipSense because it will not smudge.

NEW! 'Ohana Athletics Homecoming (aka Showcase) - October 21st!

- NEW LOCATION: [Elite Tumbling Factory Menomonee Falls](#)
 - ETF Menomonee Falls is a VERY cozy/small location - considerably smaller than ETF Brookfield. Viewing will be standing room only - no seating will be available.
 - We will rotate "VIP Viewing" immediately in front of the performance floor for families of the team currently performing.
 - ETF Brookfield recently became unavailable due to WIAA gymnastics event.
- All athletes to wear their PRACTICE WEAR (crop tank top, bottoms, and solid color team bow). Full competition hair required! Competition make-up optional.
- Schedule:
 - 2pm: Surfer Gurlz arrival (athletes only)
 - 2:30pm: Hang Ten arrival (athletes only)
 - 3pm: Shark Bait arrival (athletes only)
 - 3:30pm: Beach Babez arrival (athletes only)
 - 4pm: Doors open to spectators
 - 4:10pm: Beach Babez Performance
 - 4:20pm: Shark Bait Performance
 - 4:30pm: Hang Ten Performance
 - 4:40pm: Surfer Gurlz Performance
 - 4:50pm: S.P.F. Performance
- Click [here](#) to purchase your spectator ticket. 100% of proceeds to benefit ABCD: After Breast Cancer Diagnosis.

SAVE THE DATE: 'Ohana Athletics 3RD Annual Trunk or Treat

- Gymwide event for all teams on Sunday, October 29th from 1:30 - 2pm in the ETF Brookfield parking lot
- All families invited to host a "trunk" (google trunk or treat for ideas) with all athletes dressed up to "trunk" or treat
- SPECIAL PRACTICE SCHEDULE!
 - Beach Babez: 12-130pm (normal time)
 - Shark Bait: 2 - 4pm

- Hang Ten: 3 - 5pm
- Surfer Gurlz: 12:30-1:30 - break for Trunk or Treat - 2-3:30pm
- Sunkissed: 1-1:30 - break for Trunk or Treat - 2-2:30

NEW! OAPA October Fundraiser - City Tins

- Link with more information: [City Tins Fundraiser](#)
 - Your athlete will receive \$10 from every \$30 tin sold
- Date: October 10th through October 24th
- Your athlete can either share the link created specifically for Ohana or you can fill out the paper order forms
 - Paper Order Forms:
 - Fill out the order form as instructed
 - Collect the money
 - Once the fundraiser is over, Jane (Mini Mom) will send you your total owed.
**Jane Duerkop will have copies of these available at practice on Sunday October 8th.*
 - Online Instructions:
 - Send out the link: <https://citytins.com/discount/OHANA>
 - If someone does not use this link they will need to add "ohana" into the discount code at checkout.
 - Make sure to tell them they need to include your athlete's name into the "gift message" area

NEW! Competition Schedule

- Mahalo nui loa to OAPA Secretary Catie Schuh for creating a [printable gymwide competition schedule!](#)
- Hard copies will be distributed at practice the week of October 10th.

OAPA OCTOBER EVENTS

- Shark Bait (Mini) Team Bonding Event - Taco Dinner
 - Date: October 16, 2023
 - [Mini Team Bonding Sign Up](#)
- Hang Ten (Youth) Team Bonding Event - Halloween Party
 - More information to come!
 - Date: October 27, 2023
 - Time: 6pm - 9pm

- Location: Ballards Home
- Surfer Gurlz (Junior) Team Bonding Event - Halloween Party
 - Date: October 27, 2023
 - [Junior Team Bonding Sign Up](#)