

# The Coconut Connection

Week of November 12th, 2023

[Online Master Calendar](#)

## November Practice Updates

- Sunday November 12th
  - No Team Practices or 'Ohana Tumbling due to ETF unavailability.
- Monday November 13th
  - No Jump & Flex
- Tuesday November 14th
  - Tiny needs to set up and put away the mats today.
  - No Junior Team Practice at Tonawanda. Juniors must attend ETF tumbling class or Open Gym instead.
- Wednesday November 15th
  - Mini needs to set up and put away the mats.
  - No Open Practice.
- Thursday November 16th
  - Youth needs to set up and put away the mats.
  - No Junior Practice. Juniors must attend ETF tumbling class or Open Gym instead.
- Monday November 20th - All ages Jump & Flex at 6pm
- Wednesday November 22nd - No Team Practices due to Thanksgiving Break
- Thursday November 23rd - No Team Practices due to Thanksgiving Break
- Sunday November 26th - No Team Practices due to Thanksgiving Break
- Junior Team will practice Tuesday & Thursday from 7 - 9pm for the month of November (in addition to Sundays).
- Senior Team officially kicks off their season on December 1st. No Senior Practices during the month of November.

# REMINDERS FROM LAST WEEK

## Building Access for Week Day Practices

- Effective November 6th - due to new Elmbrook School District protocol, 'Ohana building access for team practices will be granted at 5:30pm and no earlier! **This means no more early arrival for mat set-up!**
- A coach will greet athletes at the door from 5:30 - 5:35pm for Tiny Mini & Youth practice and 6:55 - 7pm for Junior Senior and Open practice. After this time, the door will not be monitored and will be locked. **Do not pound on the doors, ring the doorbell, etc when you arrive late. Text Coach Michelle at 262-327-9221 and wait for someone to let you in.**
- It's getting cold outside! Coach Michelle recommends cars line up along the sidewalk (or park in the parking lot) and remain in your cars until you see your coach at the door.
- **Please do not ask an exiting staff person to let you in the building early.**

## HALF SEASON TEAMS START DECEMBER 1ST!

- Our Half Season teams officially start in December! They will compete in March, April and May with our full season teams.
- S.P.F. - Open Adult Level 5/6 Team.
  - Birth Year 2005 and earlier.
  - \$35 monthly tuition.
  - Tryouts Sunday December 3rd at 4:30pm.
  - First practice is December 6th.
- Wipeout - Senior Level 2.2 Team.
  - Birth Years 2005 - 2012.
  - Must have back walkover + back handspring.
  - \$85 monthly tuition.
  - Tryouts Sunday December 3rd at 4:30pm.
  - First practice is December 7th.
- Sunkissed - CheerABILITIES Team.
  - All ages
  - \$30 monthly tuition.
  - No tryouts.
  - Team is practicing in November!



# OAPA UPDATES & ANNOUNCEMENTS

## NOVEMBER INDIVIDUAL FUNDRAISER OPTION - FILL MY BOW

- Simply share the image and ask friends, fans, or family to help your athlete FILL their bow. You may share with family & friends via social media, email, or text. If your athlete fills her bow she will raise; Disney Bow: \$600, Kalahari Bow: \$500
- Payment will go directly to you/your athlete and can be accepted via cash, check, venmo, ect. Whatever works best for your family.
- Coach Michelle will also have hard copies at practices this week.
- Mini, Youth, & Junior:
  - [Fill My Bow for Disney](#)
- Tiny:
  - [Fill My Bow for Kalahari](#)

## CHICAGO CHRISTMAS CLASSIC - OPTIONAL ROOM BLOCK

- Our next competition is a two-day event and Teams will compete on both days.
- OAPA has set up an optional Hotel Block for families that would like to stay and play at the same hotel together. Please note - staying overnight is not required by the event producer for this event.
- Hotel Information:
  - Holiday Inn Express & Suites - Libertyville, IL
  - 77 Buckley Rd.
  - Libertyville, IL 60048
  - Phone: (847) 549 - 7878
- Link: ['Ohana Room Block - Christmas Classic](#)
- **The room block will only be held until 11/20/23.**
- If you have any questions, reach out directly to: Van at (847) 549 - 7878 or via email at [sales@hielibertyville.com](mailto:sales@hielibertyville.com)
- Thank you to Melissa Brandsma for securing a room block for our 2 day competition in December.

## 'Ohana Athletics Moms Night Out

Join us for a Moms night out to gather, talk, eat food, and have a cocktail (or 2) before we get too busy with the holidays. Please sign up for a dish to pass.

- Date: Friday, December 1, 2023
- Time: 6:00pm - 10:00pm
- Location: Ray's Wine & Spirits
  - 8930 W North Ave, Wauwatosa, WI 53226 - upstairs room
- Any questions reach out to Jane Duerkop (414) 412-7061 or Melissa Brandsma (262) 933-0783
- ['Ohana Moms Night Out Sign Up](#)

## OAPA SAVE THE DATES

- OAPA Association Meeting & Potluck
  - Date: November 20, 2023
  - Time: Association Meeting: 6:00pm; Thanksgiving Themed Potluck: 7:00pm
  - ['Ohana Family Potluck - November Sign Up](#)
- 2023-2024 End of Season Banquet
  - Date: May 7, 2024
  - More information to follow