

The Coconut Connection

Week of November 26th, 2023

[Online Master Calendar](#)

December Schedule Updates

- Monday, November 27th - No Jump & Flex
- Week of December 4th - All Teams Practice at their NORMAL times!
- Week of December 11th
 - Jump & Flex will be held on Mondays from 6 - 7pm for all ages for the remainder of the season.
 - Beach Babez - Practice as normal.
 - Shark Bait - Wed 12/13 practice rescheduled to Thur 12/14 due to Tonawanda event on 12/13.
 - Hang Ten - Thu 12/14 practice rescheduled to Tue 12/12 from 7 - 8:30pm due to Tonawanda event on 12/13.
 - Surfer Gurlz - Tue 12/12 practice reschedule to Thu 12/14 due to Tonawanda event on 12/13.
 - Wipeout - No Thursday night practice.
 - S.P.F - Wed 12/13 practice canceled due to Tonawanda event
 - Sunkissed - Sun 12/17 practice canceled due to full season teams competition in IL.
- December 24th - January 1st - 'Ohana Athletics closed for Winter Break. Please utilize your ETF memberships and attend tumbling classes!

January Schedule Update

- Due to Incoming K4/K4 Night, Tiny & Junior practice originally scheduled for Tuesday January 23rd will be held on Monday January 22nd.
- This is a competition week so we are hopeful the advance notice will allow all athletes to accommodate this update.
- Thank you for your continued support!

Attendance Matters!

- Our program handbook states athletes are permitted three absences during the school year. With four or more absences, athletes can have their roles in stunt groups and formations changed. Absences in the two weeks leading up to a competition can also result in changes including an athlete being removed from that competition.
- While absences are counted regardless of reason, they can be exempt in certain situations (i.e, documented medical restrictions due to a medical procedure or injury, or a school event required for a grade like a band/orchestra/choir concert).
- Here is our breakdown of the number of reported absences as entered into our Attendance Reporting form as of 11/21 for dates September 1, 2023 - May 15, 2024:
 - 0 absences = 13 athletes
 - 1 absence = 12 athletes
 - 2 absences = 6 athletes
 - 3 absences = 2 athletes
 - 4+ absences = 5 athletes
- As we are headed into a robust cold and flu season, please use your discretion in skipping practices due to other activities and please try your best to schedule family events on non-practice days. We simply cannot be successful without a firm commitment in regular attendance to our practices. Thank you!

REMINDERS FROM LAST WEEK

Save the Date - 2023-24 Season Photos

- Monday January 29th at Tonawanda Elementary
 - Sunkissed 6:30 - 6:45pm
 - Beach Babez 6:45 - 7pm
 - Shark Bait 7 - 7:20pm
 - Hang Ten 7:20 - 7:40pm
 - Surfer Gurlz 7:40 - 8pm
 - Wipeout 8 - 8:15pm

- SPF 8:15 - 8:30pm
- Team and Individual photos will be taken.
- Ordering will be online - you will view proofs of various poses and choose your package. Orders are then shipped directly to your home.

OAPA UPDATES & ANNOUNCEMENTS

OAPA SAVE THE DATES:

- OAPA Association Meeting & Christmas Celebration
 - Date: December 4, 2023
 - Time: Official Disney Meeting: 6:00pm; Christmas Celebration: 7:00pm
 - [OAPA Christmas Celebration Sign Up](#)
- 'Ohana Athletics Moms Night Out:

Join us for a Moms night out to gather, talk, eat food, and have a cocktail (or 2) before we get too busy with the holidays. Please sign up for a dish to pass.

 - Date: Friday, December 1, 2023
 - Time: 6:00pm - 10:00pm
 - Location: Ray's Wine & Spirits
 - 8930 W North Ave, Wauwatosa, WI 53226 - upstairs room
 - Any questions reach out to Jane Duerkop (414) 412-7061 or Melissa Brandsma (262) 933-0783
 - ['Ohana Moms Night Out Sign Up](#)
- 'Ohana Family Night Out: Milwaukee Admirals Game

Join us for a family night out at the Milwaukee Admirals game. The athletes will be given the chance to join the high five tunnel before the game.

 - Date: Friday, January 5, 2023
 - Time: 6:30pm for tunnel; game starts at 7:00pm
 - Location: Panther Arena; 510 W Kilbourn Ave #B, Milwaukee, WI 53202
 - Any questions reach out to Catie Schuh (262) 765-1165 or Melissa Brandsma (262) 933-0783
 - Buy Tickets: ['Ohana Family Night Out - Milwaukee Admirals](#)

- 2023-2024 End of Season Banquet:
 - Date: May 7, 2024
 - More information to follow