

The Coconut Connection

Week of July 17th 2023

NEW INFORMATION

NEW! Weekly Newsletter

- FYI - our weekly newsletter will post to the Parent Portal by 7pm each Monday. Thank you!

NEW! Save the Date - 2023 'Ohana Athletics Homecoming

- Formerly known as our Annual Showcase, our 2023 Homecoming is scheduled for Sunday October 15th!
- Time is TBD, event location will be Elite Tumbling Factory - Brookfield.
- Tickets will go on sale in September!

REMINDERS FROM LAST WEEK

Xtreme Spirit Competition Fees

- Invoices for our Xtreme Spirit competitions have been sent and must be paid by July 28th in order to qualify for the 50% early bird registration discount offered by Xtreme Spirit.
- Crossover athletes will receive an additional 50% discount on their 2nd routine registration.
- To expedite payment to Xtreme Spirit, the payment method for this invoice will be debit/credit card only.
- We cannot extend the early bird registration fee discount to payments made after July 28th as it is a firm deadline by Xtreme Spirit!
- Please note - Varsity competition registration fees will be sent at a later date - registration is not yet open on the Varsity portal.

Wipeout & S.P.F. Stunt Camp

- Our Level 2 and Level 4 stunt camp is confirmed for July 26, 2023 from 3 – 9pm at Tonawanda Elementary School. Stay tuned for dinner potluck sign-up information! This event is for Wipeout and S.P.F. only at this time.
- Invoices will be sent via Square and to expedite payment to the choreographer, payment method for this invoice will be debit/credit card only.
- Please note the payment is per athlete regardless if they are able to attend the stunt camp or not!
- Choreography dates for all teams are still tentative for mid-end August. We hope to have these dates confirmed ASAP! Our choreographer has been in high demand and has been traveling extensively with Varsity this summer.

Competition Schedule

- Xtreme Spirit and Varsity have amended a few of their competition dates – please be sure to check our online master calendar to ensure you have the correct dates on your personal calendars!
- <https://calendar.google.com/calendar/u/1?cid=YWxvaGFAb2hhbmEyNjluY29t>

USASF Membership

- All 2023–24 athletes will need to sign up for a USASF membership. This is new to most families and will be a yearly requirement of all athletes.
- The membership window is now open and our gym profile is approved and ready for athlete assignments. The membership term runs from June 1, 2023 – May 31, 2024.
- Go to www.usasf.net and click the “Join Now” button in the top right corner. Please note that you will need your athlete’s birth certificate when you sign up for their membership.

- You must complete the membership process no later than October 1st! Note that signing up late does not extend the membership term. Regardless of when you sign up, your membership will expire on May 31, 2024.
- Athletes 18+ and older – please be aware that there is an additional step required that includes a comprehensive background check. You'll need your driver's license in addition to your birth certificate when you sign up.

Evergreen News

Attendance Reporting

- Please remember to report all athlete absences via our Attendance Reporting form. We had numerous absences last week that were not entered into the attendance reporting form.
- It is [linked here](#) for your quick reference.

Online Master Calendar

- Several families have contacted us recently regarding access to our online master calendar. The link is in our Parent Portal and is also show here:
<https://calendar.google.com/calendar/u/1?cid=YWxvaGFAb2hhbmEyNjluY29t>
- [Click here](#) for information on how to subscribe to our master online calendar so it merges seamlessly into your personal Google calendars.

Online Pro Shop

- Order your 'Ohana gear from our [Online Pro Shop!](#)
- If you have any items you'd like to see added to our Pro Shop, please email aloha@ohana262.com

Lost & Found

- Any item left behind is placed into our Lost & Found.
- Items are in a teal laundry basket to the left of the wooden crates in the gym lobby.
- Be sure to check Lost & Found regularly - all items will be donated to Goodwill every six weeks, with our first Goodwill drop off on August 1st!

Practice Reminders

- Practice STARTS at 5pm. Please have your athletes arrive a few minutes early to change into their cheer shoes and be on the mats ready to go at 5pm.
- Our practice dress code is hair in a high centered ponytail that sits atop the athlete's head with all hair pulled away from the face. If an athlete has short hair, they need to do a "half-up half-down" style pulling their hair away from their face and into a high ponytail.
- All jewelry must be removed - this includes all piercings and anything around the neck, wrists, and ankles.
- Athletes must be in appropriate dress code when they hit the mats. It is important that these dress code requirements are followed. We have begun stunt progressions and our philosophy is that if we cannot count on our athletes (and families) to follow the simple things (being prepared for practice by having their hair in a high ponytail, jewelry removed, etc) then we cannot count on them to follow the hard things (such as having another human being in their hands for stunting). These requirements are to keep your athlete and their teammates safe!
- Thank you for your help!