

# *The Coconut Connection*

Week of June 26, 2023

\*Updated at 4pm on June 26\*

## **NEW! URGENT NEED! TRUCK w/ HITCH FOR JULY 4th!**

- We are looking for a family with a truck and hitch to pull our float in the Brookfield 4th of July Parade!
- Please email us at [aloha@ohana262.com](mailto:aloha@ohana262.com) if you are able to help! Thank you!

## **NEW! Message from OAPA President Jennifer Zamora!**

- Hello 'Ohana! Our first fundraiser for the season was a HUGE success! Thank you to everyone who participated. Together, our athletes raised \$8,200 - and \$4,100 is going directly back to them!
- DISBURSEMENT INFO: Double Good will be disbursing funds by July 2nd. Please send your Venmo info to Jennifer Zamora via text to 831-601-8414. Please comment with your athlete's name in the Venmo payment. If you would prefer to receive cash, please text Jennifer to arrange this.
- A huge THANK YOU to the Soberalski Family! They have graciously designated their earnings to the 'Ohana Athletics Parent Association's capital campaign - OAPA's effort to raise funds for the opening our our future facility. This is a testament to how our 'Ohana comes together to love, support, and uplift! Mahalo nui loa Melissa, Garrett, Susana, and Sonia!

## **NEW! Practicewear & Uniform Orders**

- Please complete this [Google form](#) to submit your athlete's sizes for their practice wear (and uniform if needed).

- If your athlete was measured at Signing Day, refer to [this link](#) for your athlete's measurements.
- You will also need to refer to the [official GlitterStarz Sizing Chart](#) to select your athlete's size. It is important to note this is not traditional sizing chart. Your order will be based upon the size you enter into the Google form. *Measurements are used to determine what size the clothing is - the sets are not made to your athlete's specific measurements.*
- Our practicewear set and uniforms are custom dye-sublimated, therefore they are non-refundable, non-exchangeable. If in doubt as to your athlete's size, it is a good rule of thumb to order up so you can have alterations made if needed.

### **NEW! July Tuition due July 1st!**

- Monthly tuition invoices will be sent on the 28th of each month for the following month to the email address provided on your athlete's registration form. If you need the invoice sent to a different email address, please email [aloha@ohana262.com](mailto:aloha@ohana262.com) ASAP.
- Families have the ability to set up recurring payments via the invoice - if you are a returning family, note that you will need to set this up once again for the new season.
- Payment must be made no later than the 1st of each month. A \$25 late fee is automatically added to late payments.

### **NEW! July 4th Parade - Float Set-Up & Day-of Instructions**

- Many hands make light work! Help in decorating our float and creating the balloon arch is needed on Monday, July 3rd around 5pm. Please email [aloha@ohana262.com](mailto:aloha@ohana262.com) if you are able to help! We are looking for approximately 8 families to help.
- On July 4th - all attendees should arrive in the back parking lot of Brookfield Central High School at 9am. Note - there are no restrooms so

it is important for all athletes to use the restroom before they report to the parade.

- Athletes should wear their red/white/blue 'Ohana tie dye with black shorts, hair in a high centered ponytail with the red/white/blue cheer bow, and closed toe athletic shoes.
- All attendees to bring their [pink metallic poms](#) and a water bottle that is labeled with their name.
- Parent walkers to wear their finest red/white/blue - we need helpers to pull wagons to hold the athlete's water bottles.
- The parade starts at Brookfield Central High School, goes west on Gebhardt Road, north on Calhoun, west on North Avenue, then south on Norhardt Drive. We will meet all families on the west side of the post office on Civic Drive.
- Additional needs: We'd love to borrow two or three battery-operated bubble machines (like [these](#)). Thank you!

### **NEW! New Items in our Online Pro Shop!**

- New items have been added to our [Online Pro Shop!](#)
- As a reminder, the 'Ohana Athletics logo is property of Michelle & Meghan Kiese and are not to be reproduced without permission. Thank you!
- If you have any items you'd like to see added to our Pro Shop, please email [aloha@ohana262.com](mailto:aloha@ohana262.com)
- The rhinestone car decal can be purchased online [here](#).

### **NEW! Lost & Found**

- With our first two weeks of practice underway, our Lost & Found is growing! Any item left behind is placed into our Lost & Found.
- Items are in a teal laundry basket to the left of the wooden crates in the gym lobby.

- Be sure to check Lost & Found regularly - all items will be donated to Goodwill every six weeks, with our first Goodwill drop off on August 1st!

### **NEW! OAPA Glowstick Fundraiser - July 4th Family Fest**

- OAPA is hosting a fundraiser to benefit OAPA (to offset association filing and non-profit association filing fees) by selling glowsticks at the City of Brookfield Family Fest the evening on July 4th!
- OAPA is planning to offer a "presale" at practice on Thursday, 6/29 and also at the Parade Float check in on July 4th. Payment cash or Venmo. Items included will be bracelets, necklaces, pop it glow tubes and glasses. Price range for items will be \$1-\$5.

### **Jump & Flex - Check In Procedures**

- If your athlete is staying for Jump & Flex, please have them check in with Coach Michelle upon arrival to sign in and pay their \$2. This helps to ensure a smooth transition from practice to Jump & Flex.
- Each athlete was sent home with a copy of our [Jump Flexibility Scale](#) last week. Our goal is for all athletes to have jumps in the "Green Zone" by the end of the season. In order to achieve this goal, athletes should stretch at home daily. Over the next several weeks, they will learn a variety of stretches that can simply and easily be done at home to help them achieve our gym goal!
- Jump & Flex is intended to be a dedicated workout specifically for jumps & flexibility. While Coach Zacarius and Coach Noelle will do their best to make it as fun as possible, please remind your athletes that it is an active workout that will require them to give their best effort.

### **All About Me Worksheet**

- Athletes were sent home with a special All About Me worksheet last week. We would like all athletes to complete this worksheet and return it to practice by July 5th.

- Please print an actual photo of your athlete and paste into the photo section of the worksheet.
- Please feel free to decorate/color the worksheet to let your personality shine! These sheets will be used in the very first 'Ohana Athletics Yearbook which all families will receive at our end of season banquet in May 2024.
- If your athlete would like another copy of the worksheet, please have them check in with Coach Michelle at their next practice. It will be very helpful if the worksheets are returned unfolded/crumpled, etc 😊

### **Social Media**

- With our first week underway, our social media intern is ready to start sharing posts on our Instagram account @ohana.athletics - be sure you're following us!
- One team will be featured each day!

### **'Ohana Athletics Phone Number**

- Our phone number 262-327-9221 is our official business phone line.
- Please be aware that it is turned off during non-business hours, primarily Friday through Sunday.
- It is capable of sending and receiving text messages, but responses may be delayed.

## **Call to Action Items**

### **Attendance Reporting**

- Please remember to report all athlete absences via our Attendance Reporting form. We had numerous absences last week that were not entered into the attendance reporting form.
- It is [linked here](#) for your quick reference.